

# **BOWEN TECHNIQUE CLINIC**

**(This is a multi-bed clinic)**

**Tuesdays - Beginning Jan 18th**

**11.30 am - 6.00 pm**

**\$60**

**(Pre-book 5 sessions to receive a discount)**

Please wear loose, comfortable clothing and call ahead to ensure a space

**Point Pleasant Wellness Spa  
1732 NE 26<sup>th</sup> St. – Suite 202  
Wilton Manors, FL**

**Contact: Jackie O'Neal BTAA,  
Cell: 954 682-1645  
email: jackieso119@gmail.com  
www.bowentechnique.eu**

**Need to relax after work or during your lunch time break?**

**Experience the therapeutic and wonderfully relaxing gentle  
moves of the Bowen Technique**

**Increase Your:-**

**Joint Mobility  
Circulation  
Lymphatic Drainage  
Digestion  
Assimilation of Nutrients  
Elimination of Toxins**

**Relieve:-**

**Back and Neck Pain  
Tennis Elbow  
Knee, Foot and Ankle Problems  
Hip and Leg Pain  
Asthma / Bronchitis  
Menstrual Problems  
Gastrointestinal Problems  
Balance and Kidney Problems**